### HOCATT™ Therapy Pricelist

#### Ozone Therapy Sessions

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ozone Sauna Session</td>
<td>R350</td>
</tr>
<tr>
<td>30 Minute Ozone Sauna Steam session including CO2, Far-Infrared and Photon Light therapy.</td>
<td></td>
</tr>
<tr>
<td>Ozone Sauna Basic Cycle</td>
<td>R1 500</td>
</tr>
</tbody>
</table>
| 5 x 30 Minute Ozone Sauna Steam session including CO2, Far-Infrared and Photon Light therapy. | SAVE R250
| Ozone Sauna Therapeutic Cycle                  | R3 000  |
| 10 x 30 Minute Ozone Sauna Steam session including CO2, Far-Infrared and Photon Light therapy. | SAVE R500
| Ozone Sauna with FSM                           | R400    |
| 30 Minute Ozone Sauna Steam session with Frequency-Specific Microcurrent (FSM) Electrotherapy. | SAVE R100
| Ozone Sauna Therapeutic Cycle with FSM         | R4 300  |
| 10 x 30 Minute Ozone Sauna Steam session with Frequency-Specific Microcurrent (FSM) Electrotherapy. | SAVE R700

#### Additional Therapies

<table>
<thead>
<tr>
<th>Therapy</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ultrasonic Cavitation</td>
<td>R400</td>
</tr>
<tr>
<td>30 Minutes. Break down fat cells, reduce cellulite and give skin a healthy glow. Burn 600+ calories per session.</td>
<td></td>
</tr>
<tr>
<td>Cupping (Per Area)</td>
<td>R250</td>
</tr>
<tr>
<td>30 Minutes. Cupping can be done during your ozone session or separately. (Breasts firming, toning, breast cancer, cysts, etc.)</td>
<td></td>
</tr>
<tr>
<td>Bagging (Per Area)</td>
<td>R250</td>
</tr>
<tr>
<td>30 Minutes. Targeted Ozone therapy. (Lupus, poor blood circulation, wound healing for legs/arms, etc.)</td>
<td></td>
</tr>
<tr>
<td>Insufflation</td>
<td>R250</td>
</tr>
<tr>
<td>15 Minutes. Ear, Vaginal or Rectal administration. (Bladder infections, cervical cancer, prostate cancer, etc.)</td>
<td></td>
</tr>
<tr>
<td>Wound Therapy (Per Area)</td>
<td>R300</td>
</tr>
<tr>
<td>15 Minutes. Targeted therapy for wound disinfection and healing, promoting cell regeneration.</td>
<td></td>
</tr>
</tbody>
</table>

### Cryolipolysis Fat-Freeze Pricelist

#### Fat-Freeze Sessions

<table>
<thead>
<tr>
<th>Service</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Single Fat-Freeze Area</td>
<td>R700</td>
</tr>
<tr>
<td>60 minutes. Target a single area, incl. RF, Laser-Lipo and Cavitation. (Recommend 2-3 sessions per area.)</td>
<td></td>
</tr>
<tr>
<td>Fat-Freeze Bronze</td>
<td>R2 400</td>
</tr>
</tbody>
</table>
| 4 Areas x 60 minutes. Target 2 areas for 2 sessions, or up to 4 areas for a single session each. | SAVE R400
| Fat-Freeze Silver      | R4 500  |
| 6 Areas x 60 minutes, including 1 x Ultrasonic Cavitation and 2 x Radio Frequency Follow Up Sessions. | SAVE R500
| Fat-Freeze Gold        | R6 200  |
| 8 Areas x 60 minutes, including 2 x Ultrasonic Cavitation and 2 x Radio Frequency Follow Up Sessions. | SAVE R600
| Fat-Freeze Body of Ice | R10 000 |
| 12 Areas x 60 Minutes, including 4 x Laser Lipo, 4 x Ultrasonic Cavitation and 4 x Radio Frequency Follow Up Sessions. Please note: Therapy takes 4 - 8 weeks (area dependent). | SAVE R1 600

#### Additional & Follow Up Therapies

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<tr>
<th>Therapy</th>
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<tr>
<td>Ultrasonic Cavitation</td>
<td>R400</td>
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<tr>
<td>30 Minutes. Break down fat cells, reduce cellulite and give skin a healthy glow. Burn 600+ calories per session.</td>
<td></td>
</tr>
<tr>
<td>Laser-Lipo Treatment</td>
<td>R200</td>
</tr>
<tr>
<td>30 Minutes. Non-surgical body sculpting procedure that melts fat in targeted areas.</td>
<td></td>
</tr>
<tr>
<td>Radio Frequency (RF)</td>
<td>R200</td>
</tr>
<tr>
<td>15 Minutes. Tighten skin and stimulate collagen development in the skin to help your skin look younger and healthier.</td>
<td></td>
</tr>
<tr>
<td>Ultrasonic Laser-Lipo Combo</td>
<td>R1 000</td>
</tr>
</tbody>
</table>
| 2 x 60 Minutes Combo sessions. Includes 30 minutes of Ultrasonic Cavitation and 30 minutes Laser-Lipo. | SAVE R200
| Ultrasonic Radio Frequency Combo| R1 000  |
| 2 x 45 Minutes Combo sessions. Includes 30 minutes Ultrasonic Cavitation and 15 minutes Radio Frequency. | SAVE R200
### Zero Gravity Massage Therapy Pricelist

#### Single Area Sessions
- **Foot and Leg Mini Zero-G Massage**  
  R65  
  30 Minute foot and leg deep tissue and muscle relief massage in mid Zero-G position for lessened pressure.

- **Foot and Leg Zero-G Massage**  
  R75  
  30 Minute foot and leg deep tissue and muscle relief massage in full Zero-G position.

- **Back and Shoulder Mini Zero-G Massage**  
  R75  
  30 Minute back and shoulder deep tissue and muscle relief massage in mid Zero-G position for lessened pressure.

- **Back and Shoulder Zero-G Massage**  
  R85  
  30 Minute back and shoulder deep tissue and muscle relief massage in full Zero-G position.

- **Optional Heat Therapy**  
  R15  
  Add heat therapy to any of your sessions for additional relief during your massage.

#### Full Body Sessions
- **Full Body Mini Zero-G Massage**  
  R100  
  30 Minutes. Full body deep tissue and muscle relief massage in mid Zero-G position for lessened pressure.

- **Full Body Zero-G Massage**  
  R120  
  30 Minutes. Full body deep tissue and muscle relief massage in full Zero-G position for a deeper therapeutic effect.

- **Full Body Mini Zero-G Massage**  
  R180  
  60 Minutes. Full body deep tissue and muscle relief massage in mid Zero-G position for lessened pressure. | SAVE R20

- **Full Body Zero-G Massage**  
  R200  
  60 Minutes. Full body deep tissue and muscle relief massage in full Zero-G position for a deeper therapeutic effect. | SAVE R40

- **Optional Full Body Heat Therapy**  
  R30  
  Add heat therapy to any of your sessions for additional relief during your massage.

### Natural Beauty Cream, Wash and Capsule Pricelist

#### Natural Hair Products
- **Africa Organics – Marula Shampoo**  
  R81  
  210ml. Suitable for Normal Hair.

- **Africa Organics – Marula Conditioner**  
  R81  
  200ml. Suitable for Normal Hair.

- **Africa Organics – Baobab Shampoo**  
  R81  
  210ml. Suitable for Dry or Damaged Hair.

- **Africa Organics – Baobab Conditioner**  
  R81  
  200ml. Suitable for Dry or Damaged Hair.

- **Africa Organics – Mongongo Shampoo**  
  R81  
  210ml. Suitable for Colour Treated Hair.

- **Africa Organics – Mongongo Conditioner**  
  R81  
  210ml. Suitable for Colour Treated Hair.

#### Body Wash and Care Products
- **Africa Organics – Marula Shower Gel**  
  R76  
  210ml. Suitable for All Skin Types.

- **Africa Organics – Kalahari Melon Body Wash**  
  R76  
  210ml. Suitable for All Skin Types.

- **Africa Organics – Sensitive Body Wash**  
  R76  
  210ml. Suitable for Sensitive Skin.

- **Africa Organics – Kalahari Melon Body Lotion**  
  R76  
  200ml. Suitable for All Skin Types.

- **Africa Organics – Sensitive Body Lotion**  
  R76  
  200ml. Suitable for Sensitive Skin.

- **Moringa Body Soap**  
  R65  
  Natural Soap Bar. Suitable for All Skin Types.

#### Capsules
- **Moringa Natural Health Capsules**  
  R110  
  60 Capsules per bottle - 1 month supply.

#### Ozone Body Care
- **Ozone Care Gel**  
  R450  
  50ml. Suitable for All Skin Types.
**Fat Reduction Packages**

**Last Little Bit** ................................................................. R3 500
Do you want to lose just that last little bit of fat? Then you need the Last Little Bit package. Includes 5 x HOCATT Sessions, 2 x Fat-Freeze Sessions, and 2 x Ultrasonic Cavitation Sessions. | **SAVE R450**

**Booty Buster** ................................................................. R4 500
Tighten up your booty! Includes 2 x HOCATT Sessions, 2 x Fat-Freeze Sessions, and 2 x Radio Frequency, Laser-Lipo and Ultrasonic Cavitation Sessions focused on your booty. | **SAVE R500**

**Fit Those Jeans** ............................................................ R6 200
Get back into your favourite jeans! Includes 5 x HOCATT Sessions, 4 x Fat-Freeze Sessions, and 2 x Ultrasonic Cavitation and Laser-Lipo Combo Sessions. | **SAVE R750**

**Drop a Dress Size** .......................................................... R9 000
Our total fat reduction package. Includes a full 10 x HOCATT Detox Cycle, 6 x Fat-Freeze Sessions, and 2 x Radio Frequency, Laser-Lipo and Ultrasonic Cavitation Sessions. | **SAVE R1 500**

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**Special Occasion Pampering**

**Pensioners Day** ............................................................ **10% Discount**
We want to celebrate our elders! On Tuesdays, Pensioners receive a 10% Discount on any of our standard single therapies! Come and relax in the sauna, or have a relaxing massage. | **SAVE R100**

**Birthday Extravaganza** ................................................ R1 850
Celebrate with us! Enjoy 1 x HOCATT Session, 2 x Fat Freeze Areas, and a 60 Minute Heated Zero Gravity Massage Experience. We'll also include your choice of our body washes or lotions as a gift! | **SAVE R150**

**Mummy Tummy BEGone** ................................................ R4 250
Get rid of mummy tummy faster with 5 x HOCATT Sessions, 2 x Fat-Freeze Sessions, 2 x Radio Frequency, Laser-Lipo and Ultrasonic Cavitation Sessions. | **SAVE R500**

**Bridal Package** ............................................................ R6 300
Pamper yourself with a 10 x HOCATT Detox Cycle, 3 x Fat-Freezing areas, 2 x Radio Frequency, Laser-Lipo and Ultrasonic Cavitation Sessions, and a 60 Minute Heated Zero Gravity Massage Experience. | **SAVE R1 100**

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* Please note that all Fat Reduction Packages include a Body Consultation to help you monitor your loss, before and after photos.
** ID is required to book a Birthday Package.