

HOCATT™ Therapy Pricelist

Ozone Therapy Sessions

Ozone Sauna Session	R350
Relaxing 30 Minute Ozone Sauna Steam session including CO2, Far-Infrared and Photon Light therapy.	
Ozone Sauna Basic Cycle	R1 500
5 x 30 Minute Ozone Sauna Steam session including CO2, Far-Infrared and Photon Light therapy. SAVE R250	
Ozone Sauna Therapeutic Cycle	R3 000
10 x 30 Minute Ozone Sauna Steam session including CO2, Far-Infrared and Photon Light therapy. SAVE R500	
Ozone Sauna with FSM	R400
30 Minute Ozone Sauna Steam session with Frequency-Specific Microcurrent (FSM) Electrotherapy. SAVE R100	
Ozone Sauna Therapeutic Cycle with FSM	R4 300
10 x 30 Minute Ozone Sauna Steam session with Frequency-Specific Microcurrent (FSM) Electrotherapy. SAVE R700	

Additional Therapies

Ultrasonic Cavitation	R400
30 Minutes. Break down fat cells, reduce cellulite and give skin a healthy glow. Burn 600+ calories per session.	
Cupping (Per Area)	R250
30 Minutes. Cupping can be done during your ozone session or separately. (Breasts firming, toning, breast cancer, cysts, etc.)	
Bagging (Per Area)	R250
30 Minutes. Targeted Ozone therapy. (Lupus, poor blood circulation, wound healing for legs/arms, etc.)	
Insufflation	R250
15 Minutes. Ear, Vaginal or Rectal administration. (Bladder infections, cervical cancer, prostate cancer, etc.)	
Wound Therapy (Per Area)	R300
15 Minutes. Targeted therapy for wound disinfection and healing, promoting cell regeneration.	

Cryolipolysis Fat-Freeze Pricelist

Fat-Freeze Sessions

Single Fat-Freeze Area	R700
60 minutes. Target a single area, incl. RF, Laser-Lipo and Cavitation. (Recommend 2-3 sessions per area.)	
Fat-Freeze Bronze	R2 400
4 Areas x 60 minutes. Target 2 areas for 2 sessions, or up to 4 areas for a single sessions each. SAVE R400	
Fat-Freeze Silver	R4 500
6 Areas x 60 minutes, including 1 x Ultrasonic Cavitation and 2 x Radio Frequency Follow Up Sessions. SAVE R500	
Fat-Freeze Gold	R6 200
8 Areas x 60 minutes, including 2 x Ultrasonic Cavitation and 2 x Radio Frequency Follow Up Sessions. SAVE R600	
Fat-Freeze Body of Ice	R10 000
12 Areas x 60 Minutes, including 4 x Laser Lipo, 4 x Ultrasonic Cavitation and 4 x Radio Frequency Follow Up Sessions. Please note: Therapy takes 4 - 8 weeks (area dependent). SAVE R1 600	

Additional & Follow Up Therapies

Ultrasonic Cavitation	R400
30 Minutes. Break down fat cells, reduce cellulite and give skin a healthy glow. Burn 600+ calories per session.	
Laser-Lipo Treatment	R200
30 Minutes. Non-surgical body sculpting procedure that melts fat in targeted areas.	
Radio Frequency (RF)	R200
15 Minutes. Tighten skin and stimulate collagen development in the skin to help your skin look younger and healthier.	
Ultrasonic Laser-Lipo Combo	R1 000
2 x 60 Minutes Combo sessions. Includes 30 minutes of Ultrasonic Cavitation and 30 minutes Laser-Lipo. SAVE R200	
Ultrasonic Radio Frequency Combo	R1 000
2 x 45 Minutes Combo sessions. Includes 30 minutes Ultrasonic Cavitation and 15 minutes Radio Frequency. SAVE R200	

Zero Gravity Massage Therapy Pricelist

Single Area Sessions

Foot and Leg Mini Zero-G Massage R65

30 Minute foot and leg deep tissue and muscle relief massage in mid Zero-G position for lessened pressure.

Foot and Leg Zero-G Massage R75

30 Minute foot and leg deep tissue and muscle relief massage in full Zero-G position.

Back and Shoulder Mini Zero-G Massage R75

30 Minute back and shoulder deep tissue and muscle relief massage in mid Zero-G position for lessened pressure.

Back and Shoulder Zero-G Massage R85

30 Minute back and shoulder deep tissue and muscle relief massage in full Zero-G position.

Optional Heat Therapy R15

Add heat therapy to any of your sessions for additional relief during your massage.

Full Body Sessions

Full Body Mini Zero-G Massage R100

30 Minutes. Full body deep tissue and muscle relief massage in mid Zero-G position for lessened pressure.

Full Body Zero-G Massage R120

30 Minutes. Full body deep tissue and muscle relief massage in full Zero-G position for a deeper therapeutic effect.

Full Body Mini Zero-G Massage R180

60 Minutes. Full body deep tissue and muscle relief massage in mid Zero-G position for lessened pressure. | **SAVE R20**

Full Body Zero-G Massage R200

60 Minutes. Full body deep tissue and muscle relief massage in full Zero-G position for a deeper therapeutic effect. | **SAVE R40**

Optional Full Body Heat Therapy R30

Add heat therapy to any of your sessions for additional relief during your massage.

Natural Beauty Cream, Wash and Capsule Pricelist

Natural Hair Products

Africa Organics – Marula Shampoo R81

210ml. Suitable for Normal Hair.

Africa Organics – Marula Conditioner R81

200ml. Suitable for Normal Hair.

Africa Organics – Baobab Shampoo R81

210ml. Suitable for Dry or Damaged Hair.

Africa Organics – Baobab Conditioner R81

200ml. Suitable for Dry or Damaged Hair.

Africa Organics – Mongongo Shampoo R81

210ml. Suitable for Colour Treated Hair.

Africa Organics – Mongongo Conditioner R81

210ml. Suitable for Colour Treated Hair.

Capsules

Moringa Natural Health Capsules R110

60 Capsules per bottle - 1 month supply.

Body Wash and Care Products

Africa Organics – Marula Shower Gel R76

210ml. Suitable for All Skin Types.

Africa Organics – Kalahari Melon Body Wash R76

210ml. Suitable for All Skin Types.

Africa Organics – Sensitive Body Wash R76

210ml. Suitable for Sensitive Skin.

Africa Organics – Kalahari Melon Body Lotion R76

200ml. Suitable for All Skin Types.

Africa Organics – Sensitive Body Lotion R76

200ml. Suitable for Sensitive Skin.

Moringa Body Soap R65

Natural Soap Bar. Suitable for All Skin Types.

Ozone Body Care

Ozone Care Gel R450

50ml. Suitable for All Skin Types.

Pamper Package Pricelist

Fat Reduction Packages*

Last Little Bit R3 500

Do you want to lose just that last little bit of fat? Then you need the Last Little Bit package. Includes 5 x HOCATT Sessions, 2 x Fat-Freeze Sessions, and 2 x Ultrasonic Cavitation Sessions. | **SAVE R450**

Booty Buster R4 500

Tighten up your booty! Includes 2 x HOCATT Sessions, 2 x Fat-Freeze Sessions, and 2 x Radio Frequency, Laser-Lipo and Ultrasonic Cavitation Sessions focused on your booty. | **SAVE R500**

Fit Those Jeans R6 200

Get back into your favourite jeans! Includes 5 x HOCATT Sessions, 4 x Fat-Freeze Sessions, and 2 x Ultrasonic Cavitation and Laser-Lipo Combo Sessions. | **SAVE R750**

Drop a Dress Size R9 000

Our total fat reduction package. Includes a full 10 x HOCATT Detox Cycle, 6 x Fat-Freeze Sessions, and 2 x Radio Frequency, Laser-Lipo and Ultrasonic Cavitation Sessions. | **SAVE R1 500**

Special Occasion Pampering

Pensioners Day 10% Discount

We want to celebrate our elders! On Tuesdays, Pensioners receive a 10% Discount on any of our standard single therapies! Come and relax in the sauna, or have a relaxing massage. | **SAVE R10%**

Birthday Extravaganza R1 850

Celebrate with us! Enjoy 1 x HOCATT Session, 2 x Fat Freeze Areas, and a 60 Minute Heated Zero Gravity Massage Experience. We'll also include your choice of our body washes or lotions as a gift! | **SAVE R150**

Mummy Tummy BEGone R4 250

Get rid of mummy tummy faster with 5 x HOCATT Sessions, 2 x Fat-Freeze Sessions, 2 x Radio Frequency, Laser-Lipo and Ultrasonic Cavitation Sessions. | **SAVE R500**

Bridal Package R6 300

Pamper yourself with a 10 x HOCATT Detox Cycle, 3 x Fat-Freezing areas, 2 x Radio Frequency, Laser-Lipo and Ultrasonic Cavitation Sessions, and a 60 Minute Heated Zero Gravity Massage Experience. | **SAVE R1 100**

* Please note that all Fat Reduction Packages include a Body Consultation to help you monitor your loss, before and after photos.

** ID is required to book a Birthday Package.